

CHAPTER 01



+1 XP

● 2,400,000+ follow along · taught by a 15-language polyglot

YOU ALREADY DID THE ~~IMPOSSIBLE~~

You learned a **whole language from zero** — as a drooling, clueless baby. No grammar. No classes. The machine never broke. **You just forgot you have it.**

7

CHAPTERS

~90

DAYS TO FIRST
TALK

15

MINUTES A DAY

THE REASON IT WORKS

IT WAS NEVER ABOUT TALENT.

The most beautiful moment of my life happened at the Eiffel Tower. I was very very shy. My dad asked an Italian couple to take our photo and said "my son speaks Italian." So I had to. I forced myself to talk to them.

And the lights on the tower started to sparkle — **and their eyes sparkled too.** For one second, around that tower, the whole world felt at peace. Two strangers, connected. No religions, no borders, none of the stupid things. Just that.

That feeling is the whole point. That's what a language buys you. Not a grade. **A door into another human.**

Now AI can fake almost anything. But it can't fake **that**. No one lights up when a machine talks to them perfectly — they light up when a HUMAN tries, and stumbles, and means it.

So your clumsy, broken, beautiful mistakes? In the AI era they're not the cost. They're **the most valuable thing in the room**. Mistakes are XP — every wrong sentence levels you up!

A translation device can never give you this — because when you speak someone's language, you become a different person. You get into their head. You speak to their heart. That's the one thing the machines will never take.

THE WHOLE METHOD, IN 3 MOVES

INPUT FIRST. SPEAKING FALLS OUT.

This is exactly how you pulled off your first language. You ran these three moves before you could read a single word. We just switch the machine back on.

01

MOVE ONE

LISTEN

Soak in real sentences every day — the way a baby does it. No tables, no drills. Your brain wires it underneath. Quietly, quietly, then all at once.

02

MOVE TWO

IMMERSE

Just swap the language of the stuff you already love. YouTube auto-dubs it now — flip a video into Korean, drop the subtitles, enjoy it. Reps you'd do anyway. So much fun.

03

MOVE THREE

TALK BADLY

Say it wrong today. Get understood anyway. Watch their face light up. Every clumsy line is +1 XP. The mistakes aren't the price of the game — they ARE the game.

7 CHAPTERS · RUN THEM IN ORDER

WHAT'S INSIDE.

The order IS the secret. The method works because the sequence is right. Each chapter is a level — clear it, move up.



INTRODUCTION · READ ME FIRST

YOU DON'T NEED ANOTHER APP. YOU NEED THE CHEAT CODES.

See why everything you tried before failed — and get the method that actually works.

I speak 15 languages. Not because I'm a genius. I'm not, and I'm genuinely lazy. Years of school never got me speaking a word that stuck — same as most people.

So I threw out the classroom way and found the cheat codes. And once I did, I couldn't stop.

My first attempt? Disaster.

The first time I tried to learn a language long ago, it was Spanish. I thought I was just stupid; I had absolutely no idea how to really learn. I opened a vocabulary app and spent hours trying to memorize isolated words. In hindsight, it was a very bad idea.

It was boring as hell, and I gave up after just one day. I felt like that was what language learning was, and I wanted no part of it.

Turns out I was doing it the school way — the broken way.

Then German changed everything

A few years later, I learned German by myself and spoke it fluently. The difference was that I had a real reason: I developed a deep passion for opera. I was obsessed with the music and had to know the beautiful meaning behind every single word.

When you have a real reason, you find every way to learn. You become obsessed, and you find the method.

What this book is NOT

It's not a textbook. It's not a course. It will not give you 100 vocabulary words a day. It will not gamify learning.

It's a method — a sequence of 7 steps that, applied in order, get you to your first real conversation in 90 days. Apply it to any language. Apply it to any level. It works because it's the right order.

The trap you're probably stuck in

You know a few hundred words. You can conjugate a couple of verbs. A real person talks to you at full speed... and your brain blue-screens.

That's not on you. You learned words in a list — not sentences in real life. This book fixes that.

How to read this

Read it in one sitting. Then **close it and open your phone**. Step 1 today. Step 2 tomorrow. Don't try to swallow it all at once — that's how people freeze and do nothing.

CHAPTER 00 · END OF INTRO

Recap: talent is a lie — motivation is the real engine. Nail that first, and the method does the rest.

Next: we find the fire that makes you unquittable.



CHAPTER 01 · DAY ONE (5 MINUTES)

FIND YOUR FIRE.

Without this, literally nothing else works. Not the tools. Not the method. Not you showing up tomorrow. Get this right first.

THE LANGUY METHOD — ZERO TO POLYGLOT

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The stories, examples, and frameworks in this book are drawn from a decade of language learning across 15 languages. Names and identifying details of some individuals have been changed.

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DISCLAIMER

This book is educational. Results vary. The author is not a linguist, but a self-taught polyglot who has taught thousands to learn languages faster. The methods focus on the right things, in the right order — but you still have to do the work. There's no cheat code for that.

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THAT WAS THE FREE CHAPTER.

The whole method — 7 cheat codes, the 90-day plan, the toolkit — is \$9 once.

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